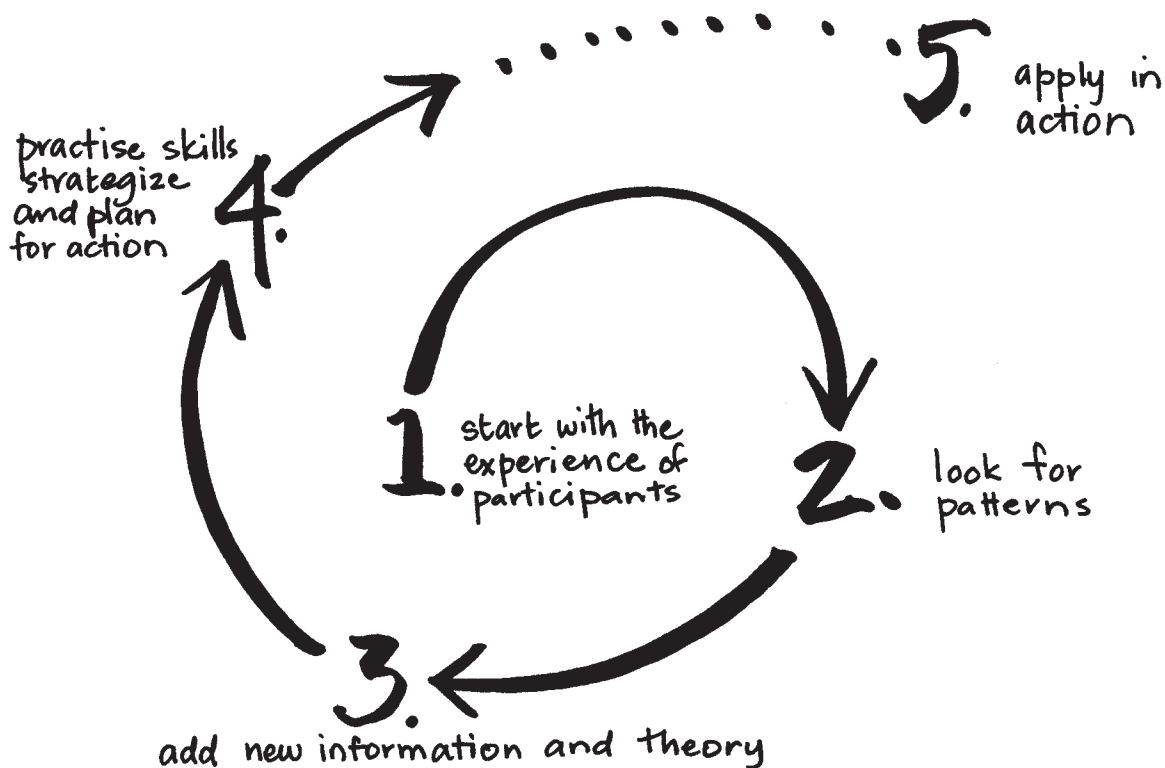


The Popular Education Spiral



This model suggests that:

1. Learning begins with the experience or knowledge of participants;
2. After participants have shared their experience, they look for patterns or analyze that experience (what are the commonalities and what are the differences?);
3. To avoid being limited by the knowledge and experience of people in the room, we also collectively add or create new information or theory;
4. Participants need to try on what they've learned: to practice new skills, to make strategies and plan for action;
5. Afterwards, back in their organizations and daily work, participants apply in action what they've learned in the workshop.